

# Retail Price List | 2013

## Vancouver Island Grain & Milling

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<b>CERTIFIED ORGANIC FLOUR</b>	<b>1kg</b>	<b>2kg</b>	<b>5kg</b>	<b>20kg</b>
Amber Durum	\$6.00	\$9.00	\$19.00	\$52.00
Ancient Grain (Emmer, Kamut®, and Spelt)	7.00	11.00	25.00	80.00
Barley	6.00	10.00	20.00	62.00
Emmer	8.00	13.00	30.00	102.00
Kamut®	7.00	11.00	23.00	76.00
Multigrain Pancake	6.00	9.00	19.00	52.00
Oat	7.00	12.00	26.00	81.00
Red Fife	6.00	9.00	19.00	52.00
Red Wheat	5.00	8.00	16.00	50.00
Rye	6.00	9.00	19.00	52.00
Soft White Wheat	5.00	8.00	16.00	50.00
Spelt	7.00	11.00	25.00	80.00
Hard White Wheat	5.00	8.00	16.00	50.00
Mixed Wheat (hard white and red wheat)	5.00	8.00	16.00	50.00
Yellow Pea	7.00	10.00	20.00	

<b>CERTIFIED ORGANIC CEREAL</b>	<b>1kg</b>	<b>5kg</b>	<b>10kg</b>	<b>20kg</b>
Multigrain Cereal Mix (flaked) Contains: (Oats, Barley, Spelt, Kamut, Rye, and Flax)	\$10.00	\$38.00	\$68.00	\$124.00

<b>CERTIFIED ORGANIC OAT FLAKES</b>	<b>1kg</b>	<b>5kg</b>	<b>10kg</b>	<b>20kg</b>
Oat Flakes	\$8.50	\$26.00	\$42.25	\$75.00

<b>OTHER</b>	<b>750g</b>
Certified Organic Flax (lightly milled)	\$7.00

<b>CERTIFIED ORGANIC GRAINS</b>	<b>Per 100g.</b>	<b>Over 2 kg per kg</b>	<b>20 kg bag</b>	<b>22.73 kg bag</b>
Amber Durum Kernels	\$0.28	\$2.25		\$39.00
Barley (de-hulled kernels)	0.35	3.00		50.00
Emmer Kernels	0.54	4.80		84.00
Flax seed (brown)	0.75	4.75	48.00 (12kg)	80.00 (20kg)
Kamut Khorasan Wheat® Kernels	0.45	4.00	58.00	
Oat (de-hulled kernels)	0.52	4.50		72.00
Red Fife Kernels	0.28	2.25		39.00
Red Wheat Kernels	0.25	2.20	32.00	
Rye Kernels	0.28	2.25		40.00
Soft White Wheat Kernels	0.25	2.10		32.00
Spelt Kernels	0.45	4.00		70.00
White Wheat Kernels	0.25	2.20	32.00	
Whole Yellow Peas	0.28	2.25		39.00

Please note that prices are subject to change.